



Meals ordered daily: Please ring **01709 577688** before **10:30 am**.

Week 1 of 8 (M1)

	Hot Meal 1	Hot Meal 2	Salad	Hot Pudding	Cold Pudding	Yoghurt	Sandwich *
<b>Tuesday</b> 12/02/2019	<b>Pork Loin Steak</b>	<b>Chicken Pie</b>		<b>Bakewell Tart and Custard</b>	<b>Scone with Jam and Cream</b>	<b>Yoghurt</b>	
			<input type="checkbox"/> Quiche				<input type="checkbox"/> Ham
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				
<b>Wednesday</b> 13/02/2019	<b>Smoked Gammon</b>	<b>Minced Beef and Onion Pie</b>		<b>Jam Sponge and Custard</b>	<b>Trifle</b>	<b>Yoghurt</b>	
			<input type="checkbox"/> Quiche				<input type="checkbox"/> Ham
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				
<b>Thursday</b> 14/02/2019	<b>Breaded Chicken Breast</b>	<b>Minced Beef and Onion Pie</b>		<b>Lemon Sponge and Custard</b>	<b>Trifle</b>	<b>Yoghurt</b>	
			<input type="checkbox"/> Quiche				<input type="checkbox"/> Ham
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				

Dinner is served with chips or creamed potatoes and 2 veg (unless otherwise stated when you order).

You can order a salad along with your main meal on Thursday to have as a cold meal on Friday.

\* Please note: Sandwiches are only available for delivery when you order a main meal for that day.

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ADDRESS: .....

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Week 2 of 8 (M1)

	Hot Meal 1	Hot Meal 2	Salad	Hot Pudding	Cold Pudding	Yoghurt	Sandwich *	
<b>Tuesday</b> 19/02/2019	<b>Corned Beef Hash</b>	<b>Lasagne</b>		<b>Mixed Fruit Crumble and Custard</b>	<b>Egg Custard</b>	<b>Yoghurt</b>		
			Quiche					Ham
			Ham					Cheese
			Cheese					
			Please Tick Your Choice Above				Please Tick Your Choice Above	
<b>Wednesday</b> 20/02/2019	<b>Roast Pork and Apple Sauce</b>	<b>Minced Beef and Onion Pie</b>		<b>Chocolate Sponge and Custard</b>	<b>Egg Custard</b>	<b>Yoghurt</b>		
			Quiche					Ham
			Ham					Cheese
			Cheese					
			Please Tick Your Choice Above				Please Tick Your Choice Above	
<b>Thursday</b> 21/02/2019	<b>Chicken Casserole</b>	<b>Minced Beef and Onion Pie</b>		<b>Treacle Sponge and Custard</b>	<b>Scone with Jam and Cream</b>	<b>Yoghurt</b>		
			Quiche					Ham
			Ham					Cheese
			Cheese					
			Please Tick Your Choice Above				#REF!	

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Week 3 of 8 (M1)

	Hot Meal 1	Hot Meal 2	Salad	Hot Pudding	Cold Pudding	Yoghurt	Sandwich *
<b>Tuesday</b> 26/02/2019	<b>Belly Pork</b>	<b>Sausage Plait</b>		<b>Rice Pudding</b>	<b>Lime Mousse Flan</b>	<b>Yoghurt</b>	
			<input type="checkbox"/> Quiche				<input type="checkbox"/> Ham
			<input type="checkbox"/> Ham				<input type="checkbox"/> Cheese
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				Please Tick Your Choice Above
<b>Wednesday</b> 27/02/2019	<b>Beef Slices in Gravy</b>	<b>Minced Beef and Onion Pie</b>		<b>Pineapple Upsidedown and Custard</b>	<b>Lime Mousse Flan</b>	<b>Yoghurt</b>	
			<input type="checkbox"/> Quiche				<input type="checkbox"/> Ham
			<input type="checkbox"/> Ham				<input type="checkbox"/> Cheese
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				Please Tick Your Choice Above
<b>Thursday</b> 28/02/2019	<b>Fish, Chips and Peas</b>	<b>Minced Beef and Onion Pie</b>		<b>Coconut Tart and Custard</b>	<b>Strawberry Cheesecake</b>	<b>Yoghurt</b>	
			<input type="checkbox"/> Quiche				<input type="checkbox"/> Ham
			<input type="checkbox"/> Ham				<input type="checkbox"/> Cheese
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				#REF!

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Week 4 of 8 (M1)

	Hot Meal 1	Hot Meal 2	Salad	Hot Pudding	Cold Pudding	Yoghurt	Sandwich *	
<b>Tuesday</b> 05/03/2019	<b>Gammon and Pineapple</b>	<b>Chicken Pie</b>	<input type="checkbox"/> Quiche	<b>Fruit Pie and Custard</b>	<b>Fruit Meringues</b>	<b>Yoghurt</b>	<input type="checkbox"/> Ham	
			<input type="checkbox"/> Ham				<input type="checkbox"/> Cheese	<input type="checkbox"/> Cheese
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese	<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				Please Tick Your Choice Above	
<b>Wednesday</b> 06/03/2019	<b>Stew and Dumplings</b>	<b>Minced Beef and Onion Pie</b>	<input type="checkbox"/> Quiche	<b>Rice Pudding</b>	<b>Trifle</b>	<b>Yoghurt</b>	<input type="checkbox"/> Ham	
			<input type="checkbox"/> Ham				<input type="checkbox"/> Cheese	<input type="checkbox"/> Cheese
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese	<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				Please Tick Your Choice Above	
<b>Thursday</b> 07/03/2019	<b>Fish Pie</b>	<b>Minced Beef and Onion Pie</b>	<input type="checkbox"/> Quiche	<b>Jam Sponge and Custard</b>	<b>Trifle</b>	<b>Yoghurt</b>	<input type="checkbox"/> Ham	
			<input type="checkbox"/> Ham				<input type="checkbox"/> Cheese	<input type="checkbox"/> Cheese
			<input type="checkbox"/> Cheese				<input type="checkbox"/> Cheese	<input type="checkbox"/> Cheese
			Please Tick Your Choice Above				#REF!	

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