

INTRODUCTION

So goodbye to Summer, and what a summer it has been, a little late starting, but what a scorcher! We just hope that it has not been too hot for you.

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WEB SITE

We have been putting quite a bit of effort into updating our web site which was long overdue. We now have a new web site www.avalunch.org.uk where you can find out lots more information about Avalunch, download the current delivery menus, and even download a copy of this newsletter. We will also regularly post details of any service updates and add details of current Avalunch news items. It is well worth a visit so why not take a peek now? And of course any suggestions for content and/or improvements would be gratefully appreciated. Email:

webmaster@avalunch.org.uk

P.S. Tell your friends and family about it too.

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VOLUNTEERS

Please remember that we are always looking for volunteers to help us. There have been a few weeks this year when we have been somewhat "stretched" when our regular volunteers have been unavailable due to holidays (yes we do let them go away occasionally!), illness, or personal issues. We do not expect any commitment but any help is always gratefully received and appreciated. We are looking for

drivers, kitchen assistants, administration, or just general help. As above take a look at our web site to see the roles we have available.

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FUN

Volunteering is not just about working, we try to have a bit of fun ourselves too. To that end we had a BBQ evening in August where all our volunteers were able to get together for a bit of fun and socialising although it did turn into a rather competitive quoits match at one stage. (Another plug!) You can see a few photos from this event on our new web site.

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A LADY REMEMBERED

We are grateful and would like to thank the family of Mrs Dunk who sadly passed away in the summer, for the kind donation they have made to Avalunch following her funeral in memory of her name. Such kind donations allow us to continue to serve others and without wanting to sound morbid, we would ask you to bear this in mind as a way to remember your loved ones.

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CHRISTMAS

Ho Ho Ho, surely not, but then again Tesco (and no doubt other Supermarkets and Shops) have been stocking their shelves in readiness for Christmas for the last few weeks.

We will be serving and delivering **Christmas Dinner** on **Wednesday 19th December** after which we will be closing for a 2 week break.

So may we be the first to wish you a happy and peaceful Christmas and we look forward to serving you again in 2019.

There will be NO HOME DELIVERIES:

Tue. 25th Dec. & 1st Jan. 2019
Wed. 26th Dec. & 2nd Jan. 2019
Thu. 27th Dec. & 3rd Jan. 2019

Normal service will **resume** on Tuesday 8th January 2019

The Community Cafe will be CLOSED:

Wed. 26th December 2018
Wed. 2nd January 2019

The Cafe will **reopen** on Wednesday 9th January 2019

NOT SO SORRY

Following my feeble attempt at jokes and given that some of you are probably older (and much much wiser than me), I have a question that has been nagging me for sometime that I am sure someone will be able to answer: **What WAS the best thing before sliced bread???**

OPENING TIMES

Meal Deliveries:

11:30-12:30 Tuesday, Wednesday, and Thursday

Community Cafe:

12:00-13:30 Wednesday

Take Away:

11:30-12:30 Tues, and Thurs.
12:00 -13:30 Wed.